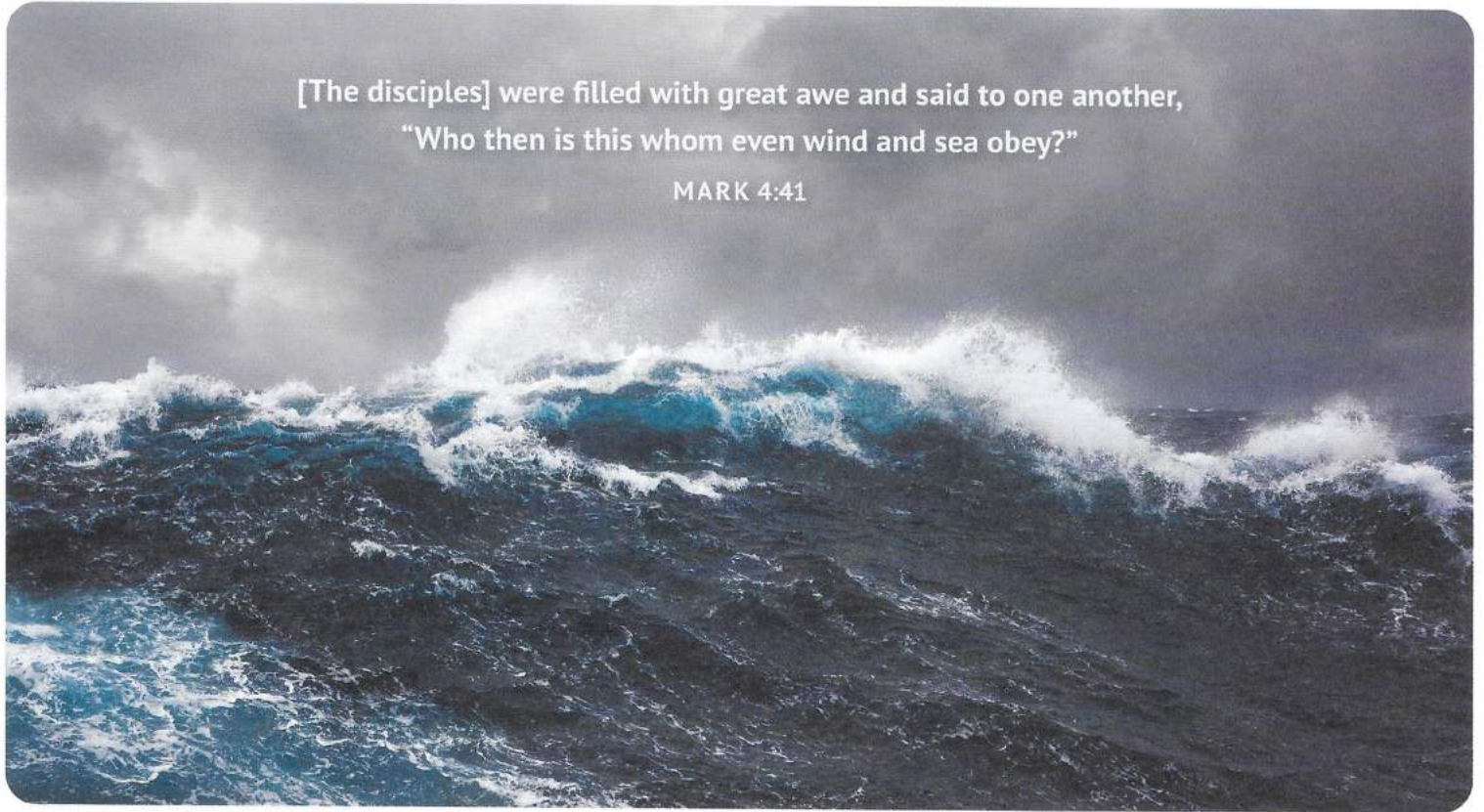




[The disciples] were filled with great awe and said to one another,  
“Who then is this whom even wind and sea obey?”

MARK 4:41



## Calming Our Storms

FR. JOSEPH JUKNIALIS

**T**he Gospels use images to help us understand the inner journey of our hearts and spirits. This Gospel story of being swamped by a storm is also about the storms of daily living and how they can bring us to faith. “As evening drew on” suggests those times in life when we move into darkness and confusion. These moments may occur when “we cross to the other side” of life—from childhood through adolescence and into adulthood, through sickness until we find healing, from raising a family to being empty-nesters, the stress we seek to manage through the upheavals of life—all times when we can feel overwhelmed by what we cannot control.

The Gospel today suggests: 1) Confronted by the question, “Why are you terrified? Do you not have faith?” it submits that it is God who calms our storms and not we ourselves. 2) The Gospel story is more about bringing calm and peace into our stormy inner turmoil than about fixing the outer turmoil with which we may be struggling. 3) The inner calm usually comes at the point of surrender, when we fear the worst because life is beyond our control: “Do you not care that we are perishing?” 4) Though our inner storm grows calm by surrendering to God through faith, the events of our outer storm may continue to be present, yet those events lose their power to overcome us when we accept that God is in control, not us. ●

### Reflect

*Have you ever found peace by surrendering your attempt to control your life?*

# SACRED HEART CATHOLIC CHURCH

1003 WYOMING ST, BLUEFIELD, WV 24701

JUNE 22 & 23, 2024

## MASS SCHEDULE & INTENTIONS

### Saturday, June 22- 6:00 PM

✠ Vivian Romano by Cherie Lambert

### Sunday, June 23- 9:00 AM

✠ Pro Populo

### Tuesday, June 25- Noon

✠ Charles & Opal Garton by Fred Butler and Deborah Garton

### Wednesday, June 26- 9:00 AM

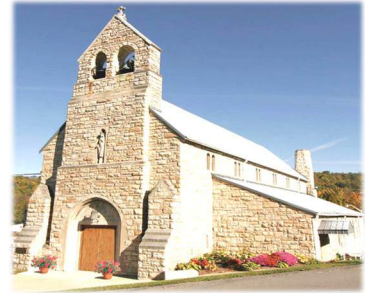
✠ Deceased Members of Sacred Heart

### Saturday, June 29- 6:00 PM

✠ Bill Crowe by Fred Butler & Deborah Garton

### Sunday, June 30- 9:00 AM

✠ Pro Populo



**Office Hours:** 304-327-5623  
Monday- Thursday 9:00am-4:00pm  
Friday 9:00am-12:00pm

**Confession:**  
Before Weekend Masses  
During Eucharistic Adoration  
By Appointment

**Food Pantry Hours:**  
Wednesday 10:00am -2:00 pm

## UPCOMING EVENTS

**June 24:** Summer Talk Session by Joe Derico 6 pm

**June 24:** Knights of Columbus Meeting 7 pm

**June 29:** Men's Day of Recollection 9am - 3 pm

**July 1:** Seminarian Summer Talk by Joe Derico 6 pm

**July 3:** LitNic at Claude & Annette Morgan's 6pm

**July 4:** Independence Day

**July 5:** First Friday Mass and Benediction 6 pm

**July 8:** Knights of Columbus Meeting 7 pm

## EUCCHARISTIC ADORATION SCHEDULE

Friday's from 6:00-7:00 PM

June 28~ Bluefield                      July 26 ~ Bluefield

July 12 ~ Princeton                      August 9~ Princeton

## CHURCH STAFF

**PASTOR:** Very Rev. Sebastian E. Devasya, V.E.  
sdevasya@dwc.org

**PASTORAL ASSOCIATE:** Julia Harrison, M.A.A.T.  
julia@sacredheartblfd.org

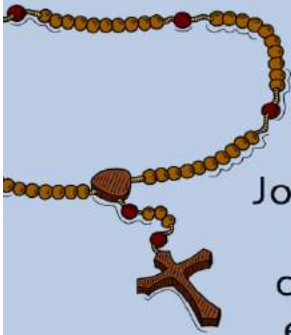
**YOUTH MINISTRY DIRECTOR:** Wendi Aiello  
w.aiello@yahoo.com                      304-320-2150

**PARISH SECRETARY:** Lucy Brinegar  
lbrinegar@sacredheartblfd.org

**PARISH BOOKKEEPER:** Kim Hickman  
Khickman@sacredheartblfd.org

**NEWMAN CENTER:** 304-534-8093

*To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion. Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.*



# MEN'S DAY OF RECOLLECTION

Join us for a day of spiritual renewal, focused on strengthening your faith and enhancing your commitment to God and his church. Come and experience God's transformative power as he molds you into the Man he created you to be.



## WE WILL OFFER:

- Rosary
- Confession
- Prayer
- Talks
- Prayer
- Shared Graces

**HOST: SEMINARIAN JOE DERICO**

Saturday, June 29, 2024

9:00 am - 3:00 pm

Sacred Heart Church Bluefield

Registration is Free - Lunch is Provided  
Please register by calling the church office at  
304-425-3664 or scan the QR Code





*The next RCIA Meetings will be Wednesday,  
June 26 at 5 pm in the school.*

## Summer Talk Series

by Seminarian Joe Derico

Monday, June 24 - 6:00 pm ~ Bluefield

Tuesday, June 25 - 6:30 pm ~ Princeton

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**Gaudium et Spes: The Church in the  
Modern World and Vatican II**

## Liturgy + Picnic = LitNic

Summer LitNics are back and being scheduled! We share the liturgy for spiritual growth followed by the picnic for fellowship and good food. Are you interested in having mass at your house for neighborhood friends? The host family is responsible for paper good and drinks. Those attending please bring a potluck dish. LitNics begin at 6 PM on Wednesdays. If you would like to host a Litnic please contact Ann Robinson at 304-887-2421.

### Current Dates

June 26<sup>th</sup> - OPEN

July 3<sup>rd</sup> - Claude & Annette Morgan

July 10<sup>th</sup> - OPEN

July 30<sup>th</sup> - Ralph & Linda Modena

Aug 7<sup>th</sup> - George & Wendi Aiello

Aug 14<sup>th</sup> - Kenny & Theresa Bales

Aug 21<sup>st</sup> - Stephen & Laura Ward




Thank You

Dear Fr. Sebastian and Sacred Heart Bluefield & Princeton

In all the state of West Virginia I feel at home, but coming to Bluefield & Princeton these last four years has given it a special place in my heart.

Thank you for your prayers, generous support, hospitality, and for the beautiful image of the Sacred Heart of Jesus!

To Father Sebastian, may God continue to bless your tireless work for His Glory!!

Best,  
Rev. John D. Soplinski



Join our

# WEBSTER SPRINGS WORK CAMP

July 6-12

*Ora et Labora: Prayer and Work  
For Rising 10th Graders to  
Seniors in College*

For More info or to register, visit the  
Parish Office or talk to Joe Derico  
Requested \$50 donation-Scholarships  
Available

# LET'S TALK

WITH SEMINARIAN JOE  
DERICIO

GIVE US OUR DAILY BREAD

TALK # 5



Throughout the centuries, many customs and traditions of the Church have come and gone. Indeed, the devotions and practices of the people of God are constantly changing. One consistent thread, however, has been the daily offering of the Holy Sacrifice of the Mass. This should come as no small surprise to us since Holy Mother Church takes the rationale for this practice from the Our Father. The phrase “Give us this day our daily bread” seems to suppose that bread is made available each day. Of course, the bread of which the prayer speaks really is referring to the Most Holy Eucharist. Furthermore, the prayer references the giving of manna to the Israelites in the desert. Each day, it is that bread which comes down from heaven, having all sweetness within it, which sustains the people of God.

As St. Thomas Aquinas said, the Eucharist does all for the spiritual life that natural food does for the material life. Just as we must nourish our bodies each day, should we not also sustain our souls each day? It can certainly be a difficult habit to take up going to daily Mass. Maybe the times are inconvenient. Maybe it’s in the opposite direction from work. Either way, we ought to acknowledge the importance of the daily celebration and unite ourselves to it whenever possible, either in person or at least spiritually.

Having now assisted at the Holy Sacrifice of the Mass every day for three years, I have come to appreciate the benefits of this spiritual practice. In my view, it has several effects. First, attending mass each day allows us to unite ourselves with the liturgical life of the Church. We hear the readings and prayers which Holy Mother Church has assigned to each day of the year. We partake fully of the seasons of the liturgical year, entering into them along with the rest of the Church and her children.

Moreover, another important effect of daily mass is that we can offer our reception of Holy Communion for someone who needs a special grace for some reason. Many people offer their reception of Holy Communion for people who are sick or suffering. This is a praiseworthy practice which the Christian faithful ought to continue throughout the ages.

Daily mass also has the benefit of allowing us to unite our prayers more closely, works, joys and sufferings to the offering of the Church, in spirit upon the paten. Imagine placing all in our lives upon the paten on which the priest will offer the sacrifice of the Mass. We lift that offering to the Lord because it is all that we must give him, and he takes our offering and transforms it, making it something which benefits us and brings us closer to him. So make daily mass a regular habit, since it might just help you to save your soul.

## *A Big Thank You to all who helped with Vacation Bible School 2024*

*Crew Leaders* ~ Wendi Aiello, Janice Barber, Samantha Black, Kim Matzel Brown, Marissa Copolo, Stephanie Copolo, Debbie Rebuck, Delores Shumate, and Courtney West

*Youth Crew Leaders* ~ Rhys Aiello, Tristan Brown, Emma Gibson, Hayden Gibson, and Aiden Zinsmeister

*Sing & Play Celebration Music* ~ The VBS Gang

*KidVid Cinema* ~ Ashley Rebuck and Madison Rebuck

*Tropical Treats Cafe Directors* ~ Marilyn and Jimmie McCoy

*Cafe Staff* ~ Wendi Aiello, Tom Behrmann, Diana Gibson, Emma Gibson, Hayden Gibson, Jeremiah Gibson, Karen Kidd, Debbie Rebuck, Delores Shumate, and Aiden Zinsmeister

*All Star Games* ~ Carol Havens/Director, Rhys Aiello, Tristan Brown, Emma Gibson, Hayden Gibson, and Aiden Zinsmeister

*Amazing Crafts* ~ Theresa Bales, Linda Mariotti, and Crew Leaders

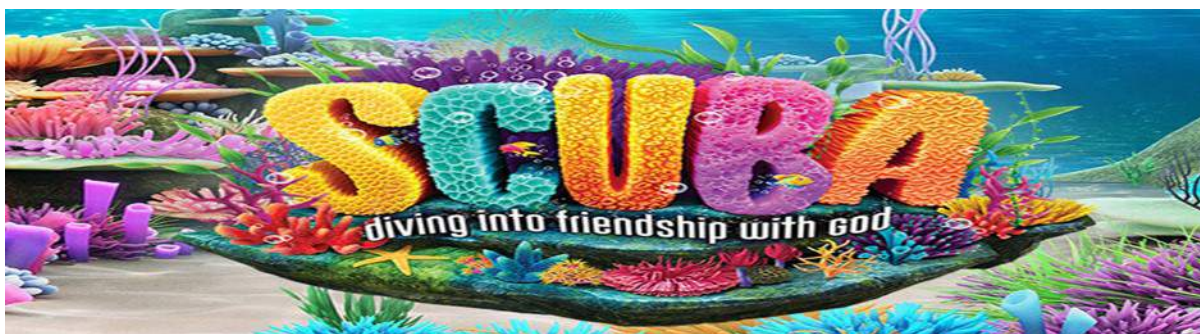
*Necklace Gift Design* ~ Sherry Ciccolini

*Master of Ceremonies* ~ Julia Harrison

*Special thanks* to Fr. Sebastian Devasya our Pastor

*Mission Collection* ~ Congratulations to all our youth for collecting \$218.81 for Crusaders Youth Ministry of Sacred Heart and to those parishioners who also donated!

*Special thanks to our youth who participated, their Parents, Grandparents, and Relatives* ~ At Scuba VBS we truly *Dove into Friendship with God!*





**\$50 Early Booking**

**Discount if Reserved**

**By June 23, 2024**

# IHM Church & Father Patrick O'Connor Italian Holy Year Italy Pilgrimage

**June 2 – 12, 2025 - 11 Days**

**\$5,849 from Charlotte**

Are you interested in taking a spiritual pilgrimage to Italy during the Jubilee year of 2025? If so, here is a wonderful opportunity! Please contact Gina Boggess at 304-920-7047 or at [gina@sacredheartprinceton.org](mailto:gina@sacredheartprinceton.org) if you have any questions or would like to reserve a spot.

## **Monday, June 2 - DAY 1 – DEPART USA –**

We depart Charlotte for our overnight flight to Rome. We enjoy dinner and breakfast aloft.

## **Tuesday, June 3- DAY 2 - ROME -**

We arrive in Rome in morning where we have a walking tour of the Roman Fora, the Arch of Constantine, and the Flavian Amphitheater, more commonly known as "the Coliseum". Mass will be included at one of the Basilicas we will visit. We conclude our day at one of the Catacombs, burial place of early Christians. We celebrate Mass here and continue to our hotel for dinner and overnight.

## **Wednesday, June 4 - DAY 3 - ROME/VATICAN**

**CITY** – we make our way to St. Peter's for an audience with Pope Francis, if he is in residence. In afternoon, following a stop for lunch on our own, we visit the Holy Stairs and Basilica of St. John Lateran. We pass through the first of "Holy Doors" on our Holy Year pilgrimage. We continue to the Basilica of St. Paul Outside the Walls, the second set of "Holy Doors" to pass through. We conclude our day as we enjoy dinner and overnight at our hotel.

## **Thursday, June 5 - DAY 4 – ROME/ VATICAN**

**CITY** - We visit Vatican City where we celebrate Mass below St. Peters. Afterwards, we view the treasures of the Vatican Museum. We marvel at Michelangelo's restored frescoes in the Sistine Chapel and the wonders of St. Peter's, as well as the famous Bernini altar columns. While here, we pass through the third of the "Holy Doors," during our Holy Year Pilgrimage. Following a break for lunch on our own, we tour the Basilica of St. Mary Major, and pass through the "Holy Doors" there to mark our 4th and last set of doors on our Holy Year pilgrimage. We return to our hotel for dinner

## **Friday, June 6 - DAY 5 – ROME/ SIENA/**

**MONTECATINI** -We journey through the Italian countryside arriving in the magnificent city of Siena, which invites us to stroll through its Gothic streets. After we celebrate Mass at the Dominican Church commemorating St. Catherine, we walk to the famous Piazza del Campo. The piazza's focal point is the Palazzo Pubblico, the public palace, which dates to 1250. We continue uphill to visit the monumental Cathedral dedicated to the Virgin Mary. We break for lunch on our own before continuing our scenic drive to the beautiful countryside spa town of Montecatini Terme whose streets invite us to stroll after dinner at our hotel.

## **Saturday, June 7 - DAY 6 –FLORENCE/ASSISI**

We drive to Florence where our first stop will be "Piazzale Michelangelo" for the best panoramic view of this spectacular city. We proceed with a tour of the Academia Gallery, where we view one of Michelangelo's most famous works, "David" (OR MEDICI CHAPEL). We continue with the celebration of Mass and a visit to the Duomo (also known as the Cathedral of Santa Maria del Fiore), in the heart of the city and the fourth largest in the world! There we admire the cupola by Brunelleschi, its campanile by Giotto. Once outside we view the Baptistery's with its incomparable bronze doors by Ghiberti. We break for a leisurely lunch on our own at one of the many Trattorias that dot the riverfront area, along Florence's Arno River. We conclude our day as we travel east to Assisi, where we check into our hotel for dinner and overnight.

## **Sunday, June 8 – Pentecost - DAY 7 –ASSISI**

We begin at the Basilica of St. Francesco with Mass. After our visit of the Basilica and the tomb of St. Francis, we begin our walking tour of the village. Included is a visit to the Church of St. Clare to view the crucifix that spoke to St. Francis. We pass by the famous Temple of Minerva in the Piazza del Comune. In the afternoon, we can enjoy this picturesque hillside village on our own. Dinner and overnight at our hotel.

## **Monday, June 9 - DAY 8 – ASSISI/ SORRENTO**

Our first stop is in the lower town for a visit to the Basilica of St. Mary of the Angels, and the Portiuncula, Francis' Church of the Little Portion. We celebrate Mass before continuing our journey south. We stop along our route for lunch on our own before arriving in the wonderful town of Sorrento along the Mediterranean for dinner and overnight at our hotel.

## **Tuesday, June 10 - DAY 9 – ISLE OF**

**CAPRI/SORRENTO** - We leave Sorrento by hydrofoil across the Bay of Naples to the Island of Dreams-Capri. We tour the island including Anacapri and weather permitting, the beautiful Blue Grotto. We return to Sorrento for dinner and overnight at our hotel.

## **Wednesday, June 11 - DAY 10 - SORRENTO/**

**POMPEII/ROME FREE DAY** – We leave Sorrento as we travel to Pompeii, the Roman City destroyed yet preserved by the volcanic ash of Vesuvius in 79 AD. We visit the church of the Holy Rosary visited by Blessed John Paul II. Afterwards, we make our way home to Rome to enjoy free time for shopping, rest, or personal adventure. We conclude our day as we enjoy our "farewell" dinner and overnight at our hotel.

## **Thursday, June 12 - DAY 11- RETURN TO USA**

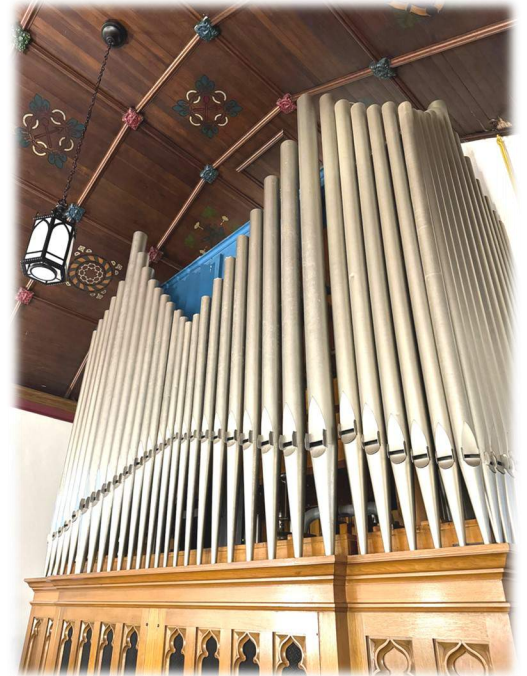
June Ministry Schedule							
Mass Date Time	Sacristan	Rosary Leader	Altar Servers	Lectors	Eucharistic Ministers	Hospitality	Collection Counters
Sat. 6/22 6:00 pm	P. Peretti	TBA	D. Kelley	F. Moran	1.P. Peretti 2.C. Saunders 3.T. Hager	J. Monaco	W. Aiello G. Aiello
Sun. 6/23 9:00 am	T. Lampert	T. Lampert	H. Wills K. Wills	A. Torrez R. Ciccolini	1.A. Robinson 2.W. Aiello 3.K. Kidd	R. Malamisura	
Sat. 6/29 6:00 PM	P. Buenafe	P. Buenafe	D. Kelley A. Zinsmeister	T. Behrmann	1.F. Moran 2.J. McCloud 3.T. Hager	The Pascasio's	B. Buzzo T.J. Longworth
Sun. 6/30 9:00 AM	M. Malamisura	M. Malamisura	C. Tran A. Froy	B. Musolin T. Bales	1.K. Kirk 2.C. Havens 3.TBA	R. Ciccolini	

## Sacred Heart Church Building Centennial

### Part 9: "All to the Glory of God"

*The only instruments permitted in the early church were bells and organs. Their use in mass was regulated by liturgical custom and began sometime during the 6th century. Sacred Heart's pipe organ dates back to c. 1928. A festival of dedication for the organ and handbells was held on Sunday, October 24, 1982.*

*Daniel E. Bickel, who updated and modernized the organ in 1982, added a limited numbers of stops while re-using the existing resources to produce a versatile instrument to function as a tool for the liturgy of the church. As he eloquently stated, "this installation is a fine example of how an older organ can be updated to rival (or even surpass) the resources of many contemporary instruments -- all to the Glory of God!"*



## Sacred Heart History Book

A NEW BOOK ABOUT THE HISTORY OF THE CHURCH IS BEING WRITTEN.

What are your favorite memories of our parish or school?  
Please share them!

If you have photos (label date and people) or memories you would like to share, please email them to [tbales54@gmail.com](mailto:tbales54@gmail.com) or give them to Theresa Bales at church.



## Sacred Heart Prayer List

**Parishioners:** George Bowling, Mary Bruch, Loretta Carrigan, Ron Ciccolini, Donella Crigger, Benny Disibbio, Angie Genovesi, Valerie Hager, Daniel Kirk, Claire Lampert, Tommie Jo Longworth, Feleesha Moran & Family, Claude Morgan, Sharon Rothausen, Carolina Ferrare

**Homebound Parishioners:** Linda Angelelli, Richard Canterbury, Alex Ercoline, Joanne Ercoline, Lou Ercoline, Mary Claire Keenan, Sue Mazol, Joan Monaco, Ernesto Pascasio, Barbara Pickett Kathy Richards, Rosalie Rochetti, Mitzi Romeo, Miriam Salaita, Anna H. Switch, Joan Zingale

**Friends & Family:** Teddy Bradshaw, Patrick Clark, Chuck Comer, Christina Easton, Fr. Chapin Engler, Jason Fortney, Steve Hamm, Yael Issacs, Sandy Kegley, Sherry Khatib, Stan Lawson, Bob Mahood, Connor McKenzie, Laura Lee Null, Christina Rochester, Leanna Smith, Larry Sarever, Cathleen Underwood, Debby VanBlaricom, Steve Vaught

If there is anyone you would like to add to our prayer list, please call the parish office at 304-327-5623 or you may email Lucy at [lbrinegar@sacredheartblfd.org](mailto:lbrinegar@sacredheartblfd.org)



We have raised \$27,591

We have surpassed our goal of \$24,620!

Thanks everyone for your generous donations!

Please continue to donate if you can!

Weekly Donations	weekend Jun 15- 16	YTD Actual	YTD Budget
Envelopes	3,796.00	124,665.10	105,250.00
Loose Offertory	460.00	11,037.00	11,500.00
<b>Total Contributions</b>	<b>\$ 4,256.00</b>	<b>\$135,702.10</b>	<b>\$ 116,750.00</b>
Food Pantry	545.00	13,888.00	
<b>Attendance:</b>	<b>6pm: 57</b>	<b>9am: 88</b>	

**FORMED** | THE CATHOLIC FAITH. ON DEMAND.



### Saint Paul the Apostle and His Letters | The Augustine Institute Show

John Dr. Prothro as he discusses Saint Paul and his Letters on The Augustine Institute Show!

[Saint Paul the Apostle and His Letters | The Augustine Institute Show - The Augustine Institute Show with Dr. Tim Gray - FORMED](#)

### IN CASE OF AN EMERGENCY AND A PRIEST IS NEEDED, PLEASE CALL:

Parish Office (304) 327-5623

Princeton Office (304) 425-3664

**In case of serious or life-threatening sickness or the actively dying:** {Please consider, with Fr. Sebastian out of town, it will take longer to contact a priest. Please call the church office as soon as you can} The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

**In case of illness:** Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr Sebastian will arrange for distributing Holy Communion in the home.

**Nursing homes & Hospitals:** are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

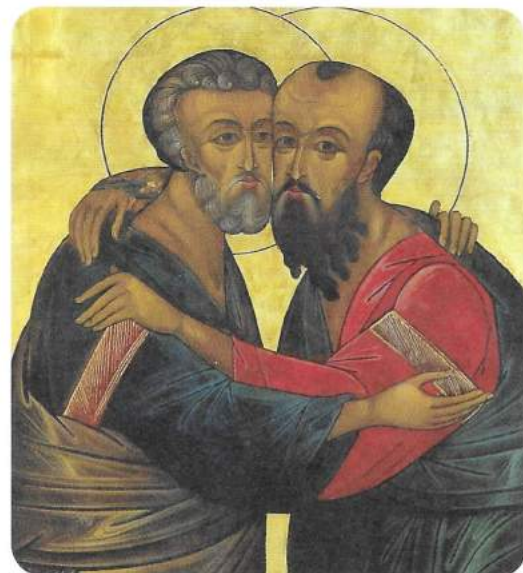
# Dear Padre,

## Do those who have died really remember us?

There are many clear indications in the Bible that the saints in heaven are aware of us and that there is interaction between those in heaven and people on earth. The most obvious passage is found in Hebrews 12:1: "Since we are surrounded by so great a cloud of witnesses (those in heaven), let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us." By their prayers, those in the "cloud of witnesses" help us finish the race.

Saint Paul wrote, "I consider that the sufferings of this present time are as nothing compared with the glory to be revealed for us" (Romans 8:18). We will "forget" the troubles we endured on earth, but we will be aware of the sufferings of those who are still on earth, and we will want to help them. Why? Because the greatest happiness, as Jesus said, is in giving (Acts 20:35).

The saints in heaven pray for us on earth; union with them brings us closer to Christ. We pray for those who are being purified after death, and they pray for us. We are one family. The closer our union with God, the closer our union with one another. We have a wonderful goal in life: the promise of union with God and with all those joined to God. ●



ICON OF APOSTLES ST. PAUL AND ST. PETER ON MAHOGANY / DMITRY KALINOVSKY / SHUTTERSTOCK

**The Redemptorists / DearPadre.org**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
June 24	June 25	June 26	June 27	June 28	June 29	June 30
Nativity of St. John the Baptist	Weekday	Weekday	Weekday	St. Irenaeus, Bishop and Martyr	Sts. Peter and Paul, Apostles	Thirteenth Sunday in Ordinary Time
Is 49:1-6 Acts 13:22-26 Lk 1:57-66, 80	2 Kgs 19:9b-11, 14-21, 31-35a, 36 Mt 7:6, 12-14	2 Kgs 22:8-13; 23:1-3 Mt 7:15-20	2 Kgs 24:8-17 Mt 7:21-29	2 Kgs 25:1-12 Mt 8:1-4	Acts 12:1-11 2 Tm 4:6-8, 17-18 Mt 16:13-19	Wis 1:13-15; 2:23-24 2 Cor 8:7, 9, 13-15 Mk 5:21-43 or 5:21-24, 35b-43

### Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists' *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit [ScrupulousAnonymous.org](http://ScrupulousAnonymous.org).



### A WORD FROM POPE FRANCIS

**What are the winds that beat against my life? What are the waves that hinder my navigation, and put my spiritual life, my family life, even my psychological life in danger? Let us say all this to Jesus.... He wants this; he wants us to grab hold of him to find shelter from the unexpected waves in life.**

ANGELUS, ROME, JUNE 20, 2021

MAGENSPHOTOS / SHUTTERSTOCK