



Learning How to Die

FR. JOSEPH JUKNIALIS

It has been pointed out that one of the tasks of life is to learn how to die well, that is, to go where we would rather not go, to love when we know it will cost, to offer ourselves even when we know we will be used. If we die a bit every day, sometimes with struggle and sacrifice in those situations that may call for such, then at our final moment we will be able to stand before that specter face to face and not run, simply because we have met before and have been able to walk away the victor.

Dying well does not mean we do so without fear. Courage blossoms when we stand in a field of fear. Even the Lord Jesus “offered prayers and supplications with loud cries and tears” to God, as the Letter to the Hebrews notes. Dying well does not mean we do so cleanly. Dying is often messy, and it is always an uprooting that disrupts and scatters everything nearby.

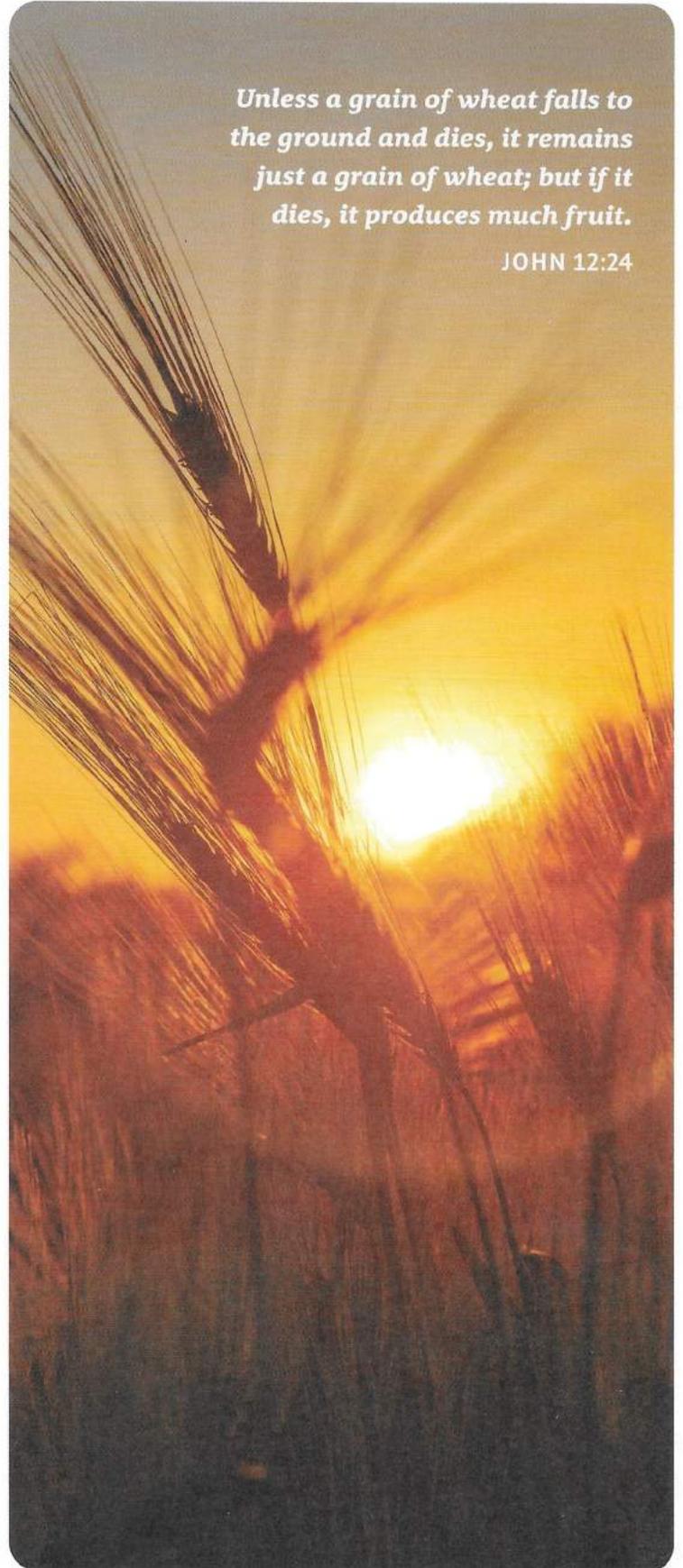
Nor does dying well mean we do so in control of the event. That is what is so devastating about death. It has complete and total control. At its best and at its worst the only way to die well is to say “yes” to it every time it demands our submission. And like the eye of stillness at the center of the hurricane, it is at the heart of death where we embrace resurrection and where the holy offers life. It is where we can have a deep encounter with the Lord Jesus. ●

Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit.

JOHN 12:24

Reflect

Can you accept the little deaths along the way as preparation for the final passing from this life?



SACRED HEART CATHOLIC CHURCH

1003 WYOMING ST, BLUEFIELD, WV 24701

MARCH 16 & 17, 2024

MASS SCHEDULE & INTENTIONS

Saturday, March 16- 6:00 PM

✠ Fran Derenge by Centering Prayer Group

Sunday, March 17- 9:00 AM

✠ Dolores Prichett by Beth Prichett

Tuesday, March 19- Noon

✠ Charles & Opal Garton by Fred Butler and Deborah Garton

Wednesday, March 20- 9:00 AM

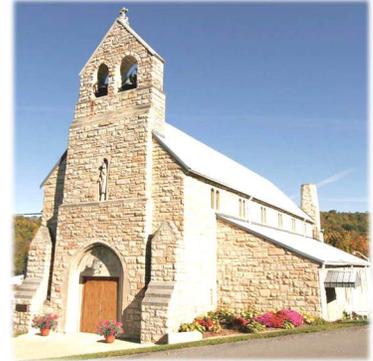
✠ Theresa Soulis by Purita Buenafe

Saturday, March 23- 6:00 PM

✠ Pro Popula

Sunday, March 24- 9:00 AM

✠ Deceased Members of Sacred Heart



Office Hours: 304-327-5623

Monday- Thursday 9:00am-4:00pm

Friday 9:00am-12:00pm

Food Pantry Hours:

Wednesday 10:00am -2:00 pm

UPCOMING EVENTS

March 16-17: St. Anne's Bake Sale

March 17: Youth Sunday

March 21: PPC Meeting 6pm

March 28: Holy Thursday Mass 6:30 pm

March 29: Good Friday Service 6pm

March 30: Easter Vigil Mass 8 pm

March 31: Easter Sunday Mass 9am

April 1-15: Fr. Sebastian Out of Town ~No Daily Mass

STATIONS OF THE CROSS SCHEDULE

Fridays at 6:00 pm

March 22 ~ Food Pantry Volunteers

CHURCH STAFF

PASTOR: Very Rev. Sebastian E. Devasya, Assoc. V.E., V.F.
sdevasya@dwc.org

PASTORAL ASSOCIATE: Julia Harrison, M.A.A.T.
julia@sacredheartblfd.org

YOUTH MINISTRY DIRECTOR: Wendi Aiello
w.aiello@yahoo.com 304-320-2150

PARISH SECRETARY: Lucy Brinegar
lbrinegar@sacredheartblfd.org

PARISH BOOKKEEPER: Kim Hickman
Khickman@sacredheartblfd.org

NEWMAN CENTER: Paul Krause
pkrause@dwc.org 216-402-1450

To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion.

Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.

LENT

Pray + Fast + Give

Dear loving brothers and sisters in Christ,

As we journey deeper into the season of Lent and prepare for Holy Week, let us take time to reflect upon the Office of Christian Initiation of Adults (OCIA) process. This sacred process is a journey of faith and spiritual growth for those seeking to become full members of the Catholic faith. Within the OCIA, we have a dedicated team that catechizes and accompanies those wishing to join the Catholic Church. There are two distinct groups: catechumens and candidates. Catechumens have yet to be baptized and seek to receive all the Sacraments of Initiation (Baptism, Confirmation, and Eucharist). On the other hand, candidates have already been baptized in another Christian tradition and are seeking full communion with the Catholic Church.

Over the past three weeks, we have presented the scrutinies, a beautiful and sacred series of prayers and rituals. These scrutinies are not just ceremonies but a transformative journey for the catechumens. They start from a place of spiritual darkness, and through the power of Christ's love and the Church's guidance, they move towards the light of salvation. This journey, symbolized by the story of the man born blind in the Gospel reading, is a powerful testament to the transformative power of God's love. It's a reminder for all of us about the importance of repentance and the need for God's mercy.

As we approach Holy Week, let us do so with hearts filled with anticipation and joy. The joy of Easter is a celebration of Christ's resurrection and the new life that our catechumens and candidates are preparing to embrace. Let us pray for them and all the faithful as we continue our walk towards Easter.

In honor of the OCIA process, we pray for all preparing to enter the Church.

Father of love and mercy,

We ask that you bless all those on the faith journey within the OCIA.

*We pray for the catechumens seeking to receive the Sacraments of Initiation
and the candidates seeking full communion with the Church.*

We ask that you guide them on their faith journey,

fill them with your grace and love,

and help them grow in their relationship with You.

*May they always feel supported and embraced by the church community
as they prepare to enter the fullness of the Catholic faith.*

*It is your will to establish everything in Christ
and to draw us into his all-embracing love.*

Guide the elect of your Church:

*Strengthen them in their vocation,
and seal them with the Spirit of your promise.*

We ask this through Christ our Lord. Amen.

Yours in Christ,

Fr. Sebastian

Faith Formation Spring of 2024

“Come to Me, all you who labor and are burdened and I will refresh you.” Matthew 11:28



The schedule through May 2024:

March 17 ~ Regular Session

March 22 ~ First Reconciliation at 5 pm in the Church

March 24, 31 ~ No Faith Formation in Observation of Palm Sunday and Easter Sunday

April 7, 14, 21 ~ Regular Sessions

April 28 ~ Last Sunday of Faith Formation

May 5 ~ First Communion Sunday

Please Pray for Our First Communicants ~ Brayden Farmer and Jillian West

RCIA

*Next RCIA meeting is Wednesday,
March 20th at 5:00pm in the school.*



KNIGHTS OF COLUMBUS

Annual Seminarian Support Raffle



Tickets available from any
Knights of Columbus member

Donation \$5.00

1st Place - \$1,000

2nd Place - \$500

3rd Place - 3 \$100 Winners

Save the Date

April 6, 2023

*Spaghetti
Dinner*



EUCCHARISTIC REVIVAL

Eucharistic Reflection

“Go Forth, the Mass is ended”



HANDBELL CHOIR



PRACTICE SCHEDULE

Sunday, March 17 at 4 pm

PARISHIONER NEWS

Anna Switch has been moved from The Havens to Princeton HealthCare Center. If you would like to send Anna a card, below is her new address:



Anna H. Switch
C/O Princeton Healthcare Center
315 Courthouse Road
Princeton, WV 24740



Easter Flowers

Donated By:

Randy & Cindy Albert

Don & Carol Asbury

Hobe & Susan Bauer

Frank & Lilian Brady

Bob & Cathy Buzzo

Richard Canterbury

Vearl & Betty Clayton

John & Debbie Crist

Julia Harrison

Tom Harrison

Carol Havens

Katie Kidd

Daniel & Kathleen Kirk

Terry & Claire Lampert

Natalie Lijoi

Vickie Lijoi

Rocky & Sandra Malamisura

Jean McCloud

Jimmie & Marilyn McCoy

Mary McGonagle

James & Barbara Musolin

Steven & Patty Peebles

Johnny & Eugenia Rasi

Michael & Debra Rebuck

Connie Saunders

Dennis & Marietta Tumbokon

In Memory/Honor Of:

Dr. Apolinario & Carolyn Marquinez

Evelyn & Ralph K. Canterbury Sr., Bird Canterbury,
Ralph R. Canterbury Jr., Kay Canterbury Cox, Robert W. Haynes

John Crist Sr., Elizabeth Crist, Ann Crist Byrd, Mary Ann Franklin,
Mary Williams

Robert & Frances L. Harrison

Frances A. Harrison

The Kirk Family & The Sullivan Family

F.W. & Joan Turner, Eugene & Polly Lampert, Joy Formica,
Harry Formica, Fr. Gregory Lyttle

Mario A. Lijoi

Jimmy Maiolo

Barry McCloud

Ray L. Shumate, Mary Shumate

Elizabeth & Mike Musolin

The Baldrige Family & The Rasi Family

Mitch Rebuck

Audrey Mayberry

Jose Buendia, Genara Buendia

HOLY WEEK & EASTER

AT SACRED HEART CATHOLIC CHURCH

The season of Lent gives way to the celebration of Easter in Holy Week, the most sacred period of the liturgical calendar. Holy Week includes both the Church's most solemn observances and joyous feasts. Unique, beautiful liturgies fill the period of time that begins on Palm Sunday and culminates with Easter Sunday.

The summit of the Liturgical Year is **the Easter Triduum** – from the evening of Holy Thursday to the evening of Easter Sunday. Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday, and ends with Evening Prayer on Easter Sunday.

THE EASTER TRIDUUM

28 March, 2024

Holy Thursday: Evening Mass of the Lord's Supper – 6:30 pm

29 March, 2024

Good Friday: Friday of the Passion of the Lord – 6:00 pm

30 March, 2024

Holy Saturday: The Easter Vigil in the Holy Night – 8:00 pm

31 March, 2024

Easter: Mass 9:00 am



SACRED HEART
CATHOLIC CHURCH

PRINCETON'S
KNIGHT OF COLUMBUS

FISH FRY

\$10
PER PERSON

All includes fish,
fries, coleslaw,
desert and drink

Dine-in or
out



FRIDAY
MARCH 22
5:00PM-7:00PM

The Knights of
Columbus is hosting
a Fish Fry at
Sacred Heart
Catholic Church
in Princeton!

Enjoy
Every
Crunchy
Bite of It

For more information or to buy a ticket , please
contact a Knight

To place your order please call Kirt: **+304-327-6966**

March Ministry Schedule

Mass Date Time	Sacristan	Rosary Leader	Altar Servers	Lectors	Eucharistic Ministers	Hospitality	Collection Counters
3/16 Sat. 6pm	Theresa Lowery	T. Lowery	A. Peretti	D. Garton	1.T. Behrmann	J. Monaco	D. Shumate
			E. Peretti		2.F. Moran		
3/17 Sun. 9am Youth Sunday	T. Lampert	W. Aiello	Tristan	Madison Rebuck	1.M. Romeo	Ryleigh Kylie Keegan	M. McCoy
			Rhys	TBA	2.S. Romeo		
3/23 Sat. 6pm	Purita Buenafe	M. Zalduondo	D. Kelley	M. Zalduondo	1.L. Mariotti	The Pascasio's	W. Aiello
				V. Hager	2.T. Hager		
3/24 Sun. 9am Palm Sunday	The Winfree's	A. Torrez	R. Aiello	T. Lampert	1.W. Aiello	R. Albert	G. Aiello
			A. Zinsmeister	R. Ciccolini	2.G. Aiello		



In Our Thoughts and Prayers

With Deepest Sympathy we announce that Dolores Pritchett passed away on March 6, 2024.

We send our sincerest condolences to her children Jill Pritchett, Beth (Bob Staton) Pritchett, Lisa Pritchett (Joan Bertini), and her grandchildren Charles and Patrick Staton.

May our Lord comfort all of you and give peace to those who mourn, and may Dolores rest eternally in the arms of Jesus, and in the company of all the angels and saints.

Thank you to all those who were able to attend Daniel Maul's Lenten Reflection this past Monday. We were truly blessed by his message. Daniel will be returning on Monday, May 13 and the topic will be on Scripture. Please save the date! All are Welcome



MARCH 17 ~ HAPPY ST. PATRICK'S DAY

SAINTS FUN FACTS by John Sheppard

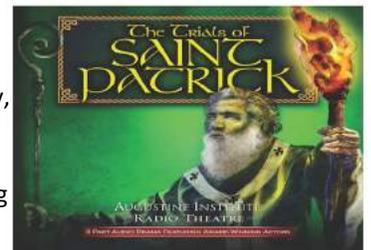
One of the world's most popular saints. Enslaved as a young teen by pagans and Druids, he turned to God while in captivity. Escaping at age 20, he returned to his family and began studying for the priesthood. He preached throughout Ireland converting many for 40 years. He died at Saul, site of the first church he built.

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FORMED THE CATHOLIC FAITH. ON DEMAND.

The Trials of Saint Patrick

The Trials of Saint Patrick, a powerful journey through hardship, loss, mercy, and forgiveness. With skilled actors and cinematic elements, this captivating story comes to life, stirring the imagination and sparking inspiration.



[The Trials of Saint Patrick - FORMED](#)

Attention Parishioners

We have refreshed our prayer list, if there is anyone you would like to add to our new list, please call the parish office at 304-327-5623 or you may email Lucy at lbrinegar@sacredheartblfd.org

Sacred Heart Prayer List

Parishioners: George Bowling, Ron Ciccolini, Donella Crigger, Benny Disibbio, Angie Genovesi, Daniel Kirk, Claire Lampert, Sharon Rothausen

Homebound Parishioners: Linda Angelelli, Richard Canterbury, Tony Colobro, Alex Ercoline, Joanne Ercoline, Lou Ercoline, Mary Claire Keenan, Sue Mazol, Joan Monaco, Ernesto Pascasio, Barbara Puckett, Kathy Richards, Rosalie Rochetti, Vivian Romano, Mitzi Romeo, Miriam Salaita, Anna H. Switch, Joan Zingale

Friends & Family: Teddy Bradshaw, Chuck Comer, Lisa Dalton, Christina Easton, Sandy Kegley, Sherry Khatib, Chase Miller, Cathleen Underwood, Debby VanBlaricom



We have raised \$16,625

which is 68% of our goal of \$24,620.

Please continue to donate if you can. You can click the icon to donate or you can go to Catholic Sharing Appeal's website www.dwc.org/CSA

Weekly Donations	Weekend	YTD	YTD
Envelopes	5,184.00	51,720.10	47,000.00
Maintenance	100.00	1,063.00	1,200.00
Loose Offertory	284.00	5,040.00	4,500.00
Total Contributions	\$ 5,568.00	\$ 57,823.10	\$ 52,700.00
Food Pantry	634.00	8,047.00	0.00
Dioc: Holy Land	40.00	1,320.00	0.00
Dioc Priest Retirement Fund	150.00	1,670.00	1,500.00
Attendance:	6pm: 55	9am: 69	

IN CASE OF AN EMERGENCY AND A PRIEST IS NEEDED, PLEASE CALL:

Parish Office (304) 327-5623

Princeton Office (304) 425-3664

In case of serious or life-threatening sickness or the actively dying: {Please consider, with Fr. Sebastian out of town, it will take longer to contact a priest. Please call the church office as soon as you can} The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

In case of Illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes & Hospitals: are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

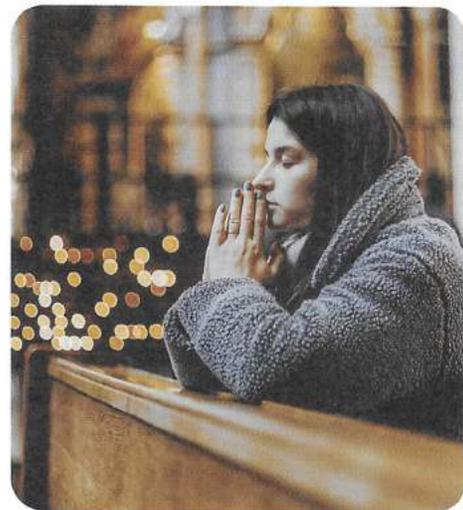
Dear Padre,

What is the difference between temptation and sin?

The temptations of Jesus, as they are recorded in the Gospels (Mark 1:12, Luke 4:1, and Matthew 4:1), give us the proper direction with regard to sin and temptation. Jesus was tempted three times, but he did not sin. More than that, Jesus put his trust in God during the temptations. Jesus' message is clear: if you feel tempted, call out to God!

The Church teaches that sin is a deliberative process. Temptation is something that happens to you without your consent: a thought or desire pops into your mind. For temptation to become a sin, you have to entertain that thought or desire, or plan to act on it, or do it. That's when temptation "turns a corner" and becomes sin.

Although the sacrament of penance is available throughout the year, the Church places a special emphasis on it during Lent. There may be a communal penance service in your area. Perhaps you can commit now to participating in the service. If it's been a while since you've been to confession or you're not sure what to do or say, just tell the priest. He will show you. ●



ANNA NASSI / SHUTTERSTOCK

The Redemptorists / DearPadre.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
March 18	March 19	March 20	March 21	March 22	March 23	March 24
Lenten Weekday	St. Joseph, Spouse of the Blessed Virgin Mary	Lenten Weekday	Lenten Weekday	Lenten Weekday	Lenten Weekday	Palm Sunday of the Passion of the Lord
Dn 13:1-9, 15- 17, 19-30, 33- 62 or 13:41c-62	2 Sm 7:4-5a, 12-14a, 16	Dn 3:14-20, 91-92, 95	Gn 17:3-9 Jn 8:51-59	Jer 20:10-13 Jn 10:31-42	Ez 37:21-28 Jn 11:45-56	Mk 11:1-10 or Jn 12:12-16 Is 50:4-7 Phil 2:6-11 Mk 14:1-15:47 or 15:1-39
Jn 8:1-11	Rom 4:13, 16-18, 22 Mt 1:16, 18-21, 24a or Lk 2:41-51a	Jn 8:31-42				

Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists' *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit ScrupulousAnonymous.org.



A WORD FROM POPE FRANCIS

We are called to take on the paschal law of losing life in order to receive it renewed and eternal. And what does losing life mean?.... It means to think less about oneself, about personal interests and to know how to "see" and to meet the needs of our neighbors, especially the least of them.

ANGELUS, ROME, MARCH 18, 2018