



To Be or Not to Be...Spiritual

FR. JOSEPH JUKNIALIS

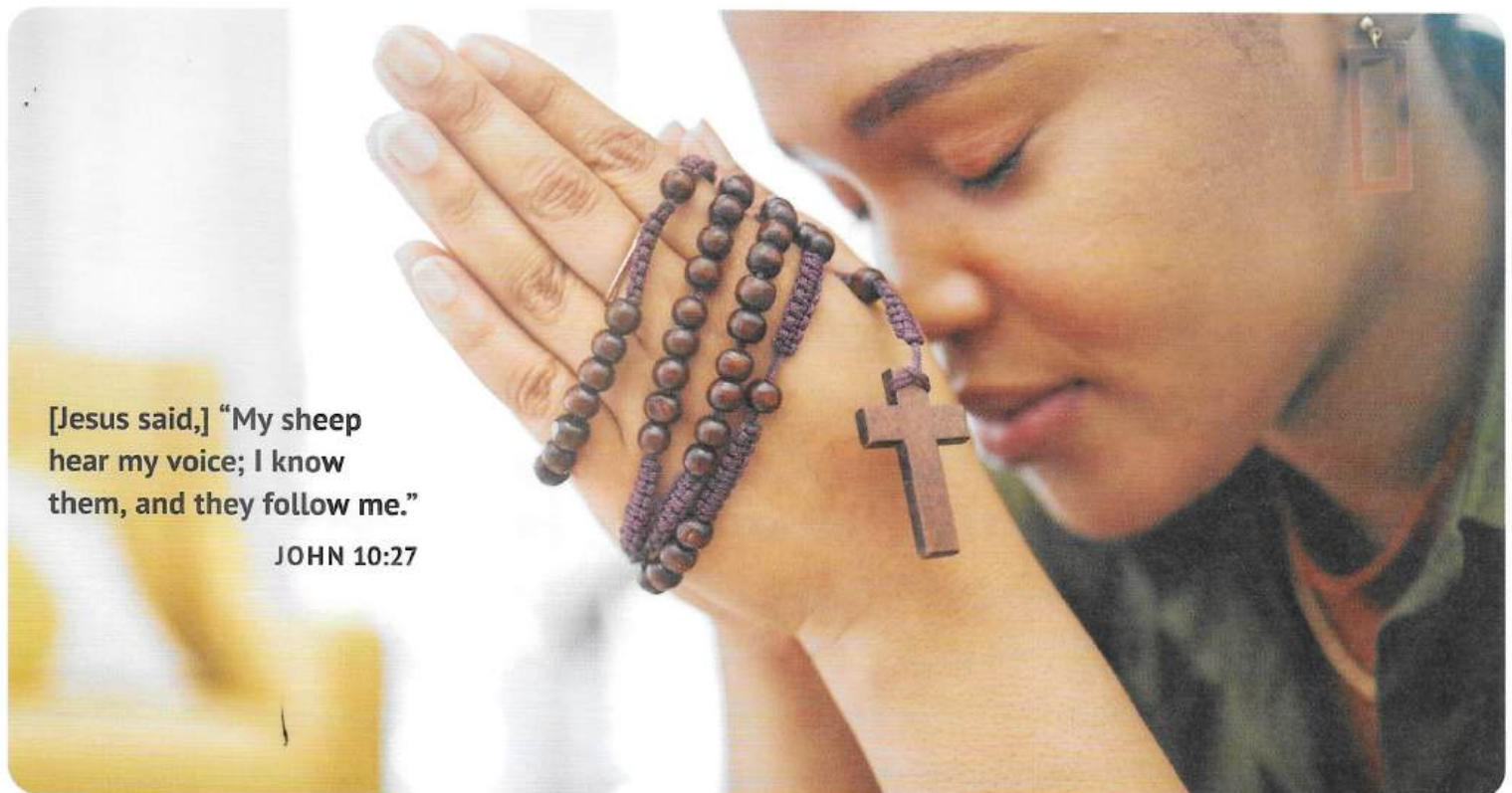
Just as we may hear the voice of our mother echoing in our head long after she has passed away, in much the same way do we who gather week after week as people of faith begin to hear the words and wisdom of the Lord Jesus. It is how he shepherds us, and how we follow him—by hearing and then living his word.

There are some who say they are not religious, but they are spiritual. Ultimately, to be spiritual is to have a core set of values by which one lives. One's core values can take many shapes. For us, who call ourselves disciples of Jesus, to be spiritual is to take on the values and wisdom of Jesus—to allow his way to take root in the core of who we are. It means living by the wisdom of his word. Being spiritual includes *honesty, gentleness, patience, joy, civility, simple living, mercy, compassion, peace, reverence and awe, obedience, justice, courage, balance in life, humility, chastity, kindness, generosity, lightheartedness, care for the common good, prayerfulness, and respect for all of creation as holy.*

Spirituality is about absorbing the lifestyle of Jesus, about his word echoing in our lives, something that takes a lifetime. Religion, specifically our Catholic faith, is the practice of that spirituality in the company of others who are also trying to put those values into practice. Such practice, including weekly Mass and participation in the sacramental life of the Church, is necessary for the faithful followers of Jesus. ●

Reflect

**Which qualities of a spiritual person do I have?
What do I need to work on?**



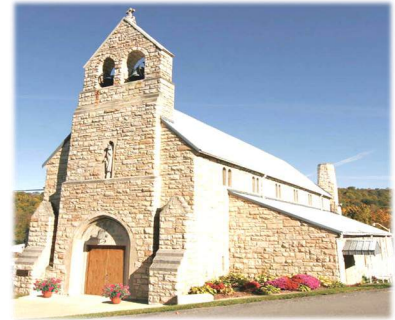
[Jesus said,] “My sheep hear my voice; I know them, and they follow me.”

JOHN 10:27

SACRED HEART CATHOLIC CHURCH

1003 WYOMING ST, BLUEFIELD, WV 24701

MAY 10 & 11, 2025



MASS SCHEDULE & INTENTIONS

Saturday, May 10 - 6:00 PM

✠ Ray & Mary Shumate by Delores Shumate

Sunday, May 11 - 9:00 AM

✠ Richard Canterbury by Ron & Sherry Ciccolini

Tuesday, May 13- 12:00 Noon

✠ Charles & Opal Garton By Deborah Garton & Fred Butler

Wednesday, May 14 - 9:00 AM

✠ Pete & Inez Bellini by Vittoria Lijoi

Saturday, May 17 - 6:00 PM

✠ Jamie Garton by Deborah Garton & Fred Butler

Sunday, May 18- 9:00 AM

✠ Joe Wheby (Living) by Deena Wheby

Office Hours: 304-327-5623

Monday- Thursday 9:00am-4:00pm

Friday 9:00am-12:00pm

Confession:

Before Weekend Masses
During Eucharistic Adoration
First Saturday's of Month
By Appointment

Food Pantry Hours:

Wednesday 10:00am -2:00 pm

UPCOMING EVENTS

May 11: Mother's Day

May 12: Knights of Columbus Meeting 6:00 pm

May 13: St. Anne's Altar Society Meeting 11 am

May 13: Men's Prayer Group Meeting 6:30 pm

May 17: Confirmation Class Retreat 10 am

May 18: Graduation Sunday

May 22: Dayton Bible Study Class 4:00 pm

May 24-25: 2nd Collection:

May 26: Memorial Day

May 26: Knights of Columbus Meeting 6:00 pm

May 29: Dayton Bible Study Class 4:00 pm

EUCCHARISTIC ADORATION SCHEDULE

Every Friday from 6:00-7:00 pm

May 23 ~ Bluefield

June 13 ~ Bluefield

May 30 ~ Princeton

June 20 ~Princeton

CHURCH STAFF

PASTOR: Very Rev. Sebastian E. Devasya, V.E.
sdevasya@dwc.org

PASTORAL ASSOCIATE: Julia Harrison, M.A.A.T.
julia@sacredheartblfd.org 304-396-5706

PARISH SECRETARY: Lucy Brinegar
lbrinegar@sacredheartblfd.org

YOUTH MINISTRY DIRECTOR: Wendi Aiello
w.aiello@yahoo.com 304-320-2150

PARISH BOOKKEEPER: Kim Hickman
Khickman@sacredheartblfd.org

To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion. Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.

Happy Graduation

Calling All Upcoming High School and College graduates. Please let us know who will be graduating this May so we may celebrate their wonderful achievement at Mass on May 18th. Please call the parish office with the student's name, school, and future plans.

CURRENT LIST OF 2025 GRADUATES

High School:

- * Natalie Gates ~ Graham High School graduate, will be attending Bluefield University and pursue a B.S. Degree in Business Administration.
- * Allison Hart ~ Christiansburg High School graduate, will be attending New River Valley Community College and pursue a Degree in Psychology.
- * Claire Holt ~ Home School Program graduate, will be attending Concord University after receiving a Dean's Scholarship to pursue a B.S. Degree in Biology with a concentration on Organismal and Field Studies. Claire is involved in Sports at Princeton High School and was the first Wrestling State Champion for Princeton High School. She also holds two Black Belts. One is a First Degree in Tae Kwan Do and the other is a Second Degree in Tang Soo Do.

College:

- * Marissa Copolo ~ graduating from Emory and Henry University with a B.S. Degree in Biology and a Minor in Spanish. She is going to attend Emory and Henry University's School of Health Science to pursue a Master's Degree of Physician Assistant Studies (MPAS).
- * Stephanie Copolo ~ graduating from Emory and Henry University with a B.S. Degree in Exercise Science and a Minor in Spanish. She is going to attend Emory and Henry University's School of Health Science to pursue a Doctorate of Physical Therapy.



Fr. Sebastian and the Office Staff of Sacred Heart wish all Mothers a joyous and blessed Mother's Day!

The Bluefield Knights of Columbus wish all Women of the parish a Happy Mother's Day!

Please be sure to pick up your present after Mass!

ONE MILLION ROSARIES FOR UNBORN BABIES

Prayer Event Friday, May 9th – Sunday, May 11th

This is an international effort to have **1,000,000 Rosaries** said for the following intention:

“For the protection of unborn human persons and true respect for life from the moment of conception through natural death”



This is an international event started by Saint Michael The Archangel Organization.

It is important to know the number of Rosaries that will be said over the three days. **Please write your pledge quantity on the signup sheets in the back of the church, or register online at: <https://dwc.org/rosaries-for-life/>.**

FAITH FORMATION



A Big Thank You to our Catechists and Other Helpers this year:
 Grade 2 ~ Stacey Wright ~ First Communion Class
 Grades 3, 4, 5 ~ Courtney West
 Grades 6, 7 ~ Babette Pascasio and Donella Crigger
 Grades 8-10 Confirmation Class ~ Carey Ott
 Youth Ministry ~ Wendi Aiello, Katie Kidd, and Kim Matzel-Brown
 OCIA ~ Julia Harrison and Barbara Musolin
 Altar Server Training ~ Mary Malamisura
 Weekly Faith Formation Snacks ~ Marilyn and Jimmie McCoy
 Photography ~ Courtney Longworth
 Additional Catechists ~ Janice Barber, Sherry Ciccolini, Ashley Rebuck, and Laura Rogers

CONFIRMATION 2025



Confirmation Class Schedule

- May 11, 18, and June 1
- Class Retreat Date will be on May 17th beginning at 10 am.
- Confirmation Mass Rehearsal is June 7th at 10 am in the Church.
- Confirmation Mass is June 8th at 4:30pm with Dinner to follow with Bishop Brennan. Dinner is for the confirmation class, their sponsors, and their families. Families please call the parish office to let us know how many will be attending the dinner.

Please continue to pray for our Confirmandi.

Tristan Brown	Kylie Oakes	Christine Tran
Addison Christ	Eli Peretti	Ryleigh West
Antonio Froy	Bella Rust	Aiden Zinsmeister

OCIA

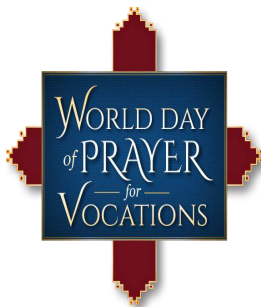


Formerly Known As RCIA

If you are interested in the OCIA process please contact, Barbara Musolin at 304-922-1934 or Julia at the parish office.

World Day of Prayer for Vocations

May 11, 2025 ~ Popes in the Making



Listen to enough vocation stories, and several patterns emerge. There's the convert-to-priest, the devout guy who went straight to college seminary, the men who felt called later in life, and surprisingly common, those who wanted to be priests ever since they were little kids.

When parents openly discuss priesthood and religious life as joyful, fulfilling vocations -- not just rare exceptions -- it plants seeds that may one day bear fruit. A child who grows up knowing that marriage, priesthood, or religious life are all viable paths is more likely to discern with freedom when the time comes.

So parents take note: our future priests and sisters are already in cry rooms, climbing on pews, and sneaking extra donuts after Mass!

First Holy Communion

Congratulations to our First Communion Class on receiving their First Holy Eucharist!

- ~ Kaiden Andrew Bryant ~
- ~ Adalynn Jade Farmer ~
- ~ Alexander James Rose ~

Proud Parents:
 Charles & Stacey Wright
 Jason & Jennifer Farmer
 Jessica Rose

Catechist:
 Stacey Wright



Fraternal Benefit Event

Learn more about how you can align your finances with your faith.

Catholic Investing for your Family

Date: June 2, 2025 Time: 6:30 pm
 Location: Sacred Heart Church Bluefield
 RVSP: www.knightsinsurance.org by June 2, 2025
 ALL ARE WELCOME

Learn More About:

- Financial protection for your family through life insurance.
- Long-term care insurance options
- Annuities that can provide lifetime income in retirement



The Catholic Relief Services Collection May 24-25

The funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and Reveal Christ's love to those most in need.

Church Directory Mark Your Calendar

We are still needing family pictures for the new church directory.

You can get your picture taken after Mass the next Saturdays and Sundays until May 18.

See Anthony on Saturdays or Courtney on Sundays.

We would like all pictures taken or turned in by the end of May. In the back of the church there is a list if you are unsure if you have submitted a photo. If your name is not on either list, please send a picture. Also, there is information on how to submit your digital photo. Each family who submits a picture will receive a free directory. Those who do not submit a photo will have to pay \$10 for their directory.



May 2025 Ministry Schedule							
Mass Date & Time	Sacristan	Rosary Leader	Altar Servers	Lectors	Eucharistic Ministers	Hospitality	Collection Counters
Sat. 5/10 6:00 pm	J. McCloud	D. Garton	TBA	Valerie	1.J. McCloud	Pascasio's	David Duritza
				Hager	2.A. Robinson 3.D. Garton		
Sun. 5/11 6:00 pm	TBA	L. Ajulo	T. Brown	B. Buzzo	1.C. Havens	R. Malamisura	Rocky Malamisura
			A. Zinsmeister	C. Ott	2.S. Copolo 3.K. Kidd		
Sat. 5/17 6:00 pm	P. Buenafe	V. Hager	Purita	Anthony	1.T. Hager	J. Monaco	Delores Shumate
			Buenafe	Peretti	2.F. Moran 3.L. Mariotti		
Sun. 5/18 9:00 am	T. Lampert	T. Lampert	TBA	R. Albert	1.K. Kirk	R. Ciccolini	Marilyn McCoy
				T. Bales	2.M. Romeo 3.TBA		
Sat. 5/24 6:00 pm	P. Peretti	M. Zalduondo	Dave	Tom	1.A. Robinson	Pascasio's	Wendi Aiello George Aiello
			Kelley	Behrmann	2.P. Peretti 3.L. Mariotti		
Sun. 5/25 9:00 am	Winfree's	B. Musolin	R. Aiello	R. Ciccolini	1.W. Aiello	B. Buzzo	
			A. Zinsmeister	C. Ott	2.G. Aiello 3.S. Copolo		
Sat. 5/31 6:00 pm	J. McCloud	D. Garton	A Peretti	Tom	1.J. McCloud	J. Monaco	R. Ciccolini Tommie Jo Longworth
			E. Peretti	Behrmann	2.D. Garton 3.C. Saunders		
Sun. 6/1 9:00 am	T. Lampert	T. Lampert	C. Tran	M. Rebuck	1.K. Kidd	R. Malamisura	
			E. Husband	A. Rebuck	2.C. Havens 3.K. Kirk		

PROGRAM AND SERVICE OF THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.

VIRTUS[®]Online



ANYTIME

www.virtusonline.com




THIS ONLINE PROGRAM IS REQUIRED FOR ALL VOLUNTEERS IN THE DIOCESE OF WHEELING CHARLESTON AND SACRED HEART

VIRTUS Requirements:

- yearly training video
- Initial training documents
- background check every 3 years
- Monthly training bulletins



Local VIRTUS Coordinator:
Kim Hickman, 304-920-2440
khickman@sacredheartblfd.org

if you SEE something SAY something

To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact WV Child Protective Services at 800 -352 -6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact the Office of Safe Environment at 304 - 230 - 1504.

Sacred Heart Prayer List

Parishioners: George Bowling, Mary Bruch, Ron Ciccolini, Benny Disibbio, Carolina Ferrare, Angie Genovesi, Valerie Hager, Daniel Kirk, Claire & Terry Lampert, Tommie Jo Longworth, Mary Malamisura, Sabrina Mazol, Cindy McGraw, Feleesha Moran & Family, Claude Morgan, Sharon Rothausen, Audrey Snyder

Homebound Parishioners: Linda Angelelli, Joanne Ercoline, Lou Ercoline, Mary Claire Keenan, Sue Mazol, Joan Monaco, Ernesto Pascasio, Barbara Pickett, Rosalie Rochetti, Mitzi Romeo, Miriam Salaita, Anna H. Switch, Joan Zingale

Friends & Family: Lorin Albin, Yvonne Blevins, Mark Burnette, John Burton, Patrick Clark, Chuck Comer, Beatrice Dunn, Christina Easton, Fr. Chapin Engler, Angela Buzzo Gess, Laura Haines and baby Carmelo, Skip Harless, Yael Issacs, Natalie Jackson, Sandy Kegley, Sherry Khatib, Judge Kornish, Robert Martin, Conner McKenzie, Angelo Perri, Walt "Buddy" Pierce, Annette Pike, Dr. Amanda Hale Reese, Kay Trimble, Cathleen Underwood, Orpha Welch

Catholic Sharing Appeal

We have raised \$21,255
which is 84% of
our goal of \$25,200.

A reminder that the first 50% of our goal goes towards ministries all over the diocese, the second 50% and over raised goes straight towards Sacred Heart.



GIVE ONLINE TODAY AT:

SacredHeartCatholicChu64.flocknote.com/give/30362

OR SCAN THE QR
CODE TO DONATE
SECURELY FROM
YOUR PHONE



Fr. Sebastian Devasya Holy Year Italy Pilgrimage



September 2-11, 2025 - 10 Days ~ \$5,999 from Charlotte

For Info and Reservations, Contact Ms. Gina Boggess, Sacred Heart Parish, Princeton WV

Telephone: 304-920-7047 Email: gina@sacredheartprinceton.org

For the Full Flyer about the Trip:

<https://bit.ly/DevasyaItaly>



IN CASE OF AN EMERGENCY AND A PRIEST IS NEEDED, PLEASE CALL:

Parish Office (304) 327-5623

Princeton Office (304) 425-3664

In case of serious or life-threatening sickness or the actively dying: {Please consider, with Fr. Sebastian out of town, it will take longer to contact a priest. Please call the church office as soon as you can} The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

In case of illness: Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr Sebastian will arrange for distributing Holy Communion in the home.

Nursing homes & Hospitals: are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

Dear Padre,

When is it OK to medicate for pain? If my relative is in hospice, should I permit the use of drugs that hasten his or her death?

When someone we love is dying, we do not want him or her to be in pain. It is only natural to want to ease or end all suffering. The *Catechism of the Catholic Church* offers these guidelines: “The use of painkillers to alleviate the sufferings of the dying, even at the risk of shortening their days, can be morally in conformity with human dignity if death is not willed as either an end or a means, but only foreseen and tolerated as inevitable” (CCC 2279). In other words, it is permissible to medicate for pain, but you must not use narcotics as an end or means to hasten someone’s death—only to alleviate pain and minimize a person’s suffering. To give medication to cause death rather than merely to relieve pain is not allowed.

It is important to have a discussion about the types of treatment a person would want when they are dying. It is also important to have a discussion with your pastor or another priest or chaplain—someone who can help you discern whether the action, the intention, and the circumstances are consistent with Church teaching. Many times, one is forced to make very difficult decisions about medical care, and it is always good to have someone we trust who can help us make the best choice. ●



PEAKSTOCK / SHUTTERSTOCK

Fr. Patrick Keyes, CSsR / DearPadre.org

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
May 12	May 13	May 14	May 15	May 16	May 17	May 18
<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>St. Matthias, Apostle</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Easter Weekday</i>	<i>Fifth Sunday of Easter</i>
Acts 11:1–18 Jn 10:1–10	Acts 11:19–26 Jn 10:22–30	Acts 1:15–17, 20–26 Jn 15:9–17	Acts 13:13–25 Jn 13:16–20	Acts 13:26–33 Jn 14:1–6	Acts 13:44–52 Jn 14:7–14	Acts 14:21–27 Rv 21:1–5a Jn 13:31–33a, 34–35

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.



NANCY BAUER / SHUTTERSTOCK

A WORD FROM POPE FRANCIS

What do those who follow Christ do?... They go to seek those who are lost (cf. Lk 15:4), they take an interest in those who are far away, take to heart the situation of those who suffer, know how to weep with those who weep, they reach out their hands to their neighbors, carrying them on their shoulders.

REGINA CAELI, ROME, MAY 8, 2022