

[Jesus said,] “If anyone wishes to be first, he shall be the last of all and the servant of all.”

MARK 9:35

## Learning How to Die Well

FR. JOSEPH JUKNIALIS

**K**arl Rahner was a German Jesuit priest and a leading theologian of the twentieth century. He once observed that one of the tasks of life is to learn how to die well. On first hearing this, we may be much like the disciples who didn’t understand Jesus when he spoke of his own need to enter death (see Mark 9:31–32).

How do we learn to “die well”? If we forgo the need to always have our own way, if we forgive and resist the impulse to get revenge, if we are sensitive to the needs of others even when it’s inconvenient, if we care for the child among us, whether that “little one” be five, forty-five, or eighty-five—if we practice a willingness to die in such ways, then when it comes time for us to make that final journey of our earthly lives, it will not be as frightening because we will have been there before.

Furthermore, if we learn how to die well, our lives will take on new meaning. The focus of our lives will not be on ourselves, but on others and their needs. We will find ourselves less disappointed when life doesn’t go our way. Blue moods will evaporate more readily. We will have a greater interest in daily life. In other words, the very aspects that once seemed to drag us down will become doorways to hope and renewed life. What once seemed to have been a kind of death will become an avenue to faith in the resurrection. ●

### Reflect

*Have you ever “died to yourself” and then experienced a resurrection?*

# SACRED HEART CATHOLIC CHURCH

1003 WYOMING ST, BLUEFIELD, WV 24701

SEPTEMBER 21 & 22, 2024

## MASS SCHEDULE & INTENTIONS

**Saturday, September 21- 6:00 PM**

✠ Pro Populo

**Sunday, September 22- 9:00 AM**

✠ Chris Malamisura by Mike & Mary Malamisura

**Tuesday, September 24 - Noon**

✠ People of the Parish

**Wednesday, September 25 9:00 AM**

✠ Charles & Opal Garton by Fred Butler and Deborah Garton

**Saturday, September 28 - 6:00 PM**

✠ Frank McClendon by Louie & Vickie Bolyard

**Sunday, September 29 - 9:00 AM**

✠ Angelo Monaco by Danny & Ann Robinson



**Office Hours:** 304-327-5623

Monday- Thursday 9:00am-4:00pm

Friday 9:00am-12:00pm

**Confession:**

Before Weekend Masses

During Eucharistic Adoration

First Saturday's of Month

By Appointment

**Food Pantry Hours:**

Wednesday 10:00am -2:00 pm

## UPCOMING EVENTS

**September 21-22:** 2nd Collection- Catholic Extension

**October 4:** First Friday Mass & Benediction 6 pm

**October 5:** First Saturday Reconciliation 10am

**October 6:** Youth Sunday

**October 6:** Blessing of the Pets 1 pm

**October 8:** St. Anne's Altar Society Meeting 11 am

**October 9:** Finance Council Meeting 6 pm

**October 14:** Knights of Columbus Meeting 7 pm

## EUCCHARISTIC ADORATION SCHEDULE

Friday's from 6:00-7:00 PM

September 27: Princeton      October 18: Princeton

October 11: Bluefield      October 25: Bluefield

## CHURCH STAFF

**PASTOR:** Very Rev. Sebastian E. Devasya, V.E.  
sdevasya@dwc.org

**PASTORAL ASSOCIATE:** Julia Harrison, M.A.A.T.  
julia@sacredheartblfd.org

**YOUTH MINISTRY DIRECTOR:** Wendi Aiello  
w.aiello@yahoo.com      304-320-2150

**PARISH SECRETARY:** Lucy Brinegar  
lbrinegar@sacredheartblfd.org

**PARISH BOOKKEEPER:** Kim Hickman  
Khickman@sacredheartblfd.org

**NEWMAN CENTER:** 304-534-8093

*To our non-Catholic friends, we extend a warm invitation to for you to come forward and receive a Blessing when our Catholic brothers and sisters come forward to receive Holy Communion. Please come up to the Priest or Eucharistic Minister with your hands folded across your chest, so we will know that you wish to receive a Blessing. We are grateful for your presence.*

A PROGRAM AND SERVICE OF  
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.



# VIRTUS<sup>®</sup>Online



If you have recently logged into your VIRTUS account, you may have noticed that you might have a new training module assigned for you to complete and/or some bulletins to read.

## Why are volunteers and staff with older training being asked to update? There are actually a couple of reasons:

First, some of the information regarding Safe Environment has changed over the years. For example, trainings now include information about online safety which wasn't even a consideration in the 1990s when Safe Environment training and protocols first began. Second, the definition of Safe Environment has changed over the years. No longer is it just about children/youth; it now includes vulnerable adults. Also, as experts research and learn more information regarding Safe Environment best practices, VIRTUS trainings are periodically updated so they reflect the newest information. Finally, when the Diocese is audited yearly for Safe Environment compliance, we consistently have been marked as deficient in this category for not having employees and volunteers updated with the latest information to help keep our children, teens, and vulnerable adults safe. Therefore, the Bishop decided that the best option at this point was to ask all employees and volunteers to update their VIRTUS trainings to VIRTUS version 4.0 and complete yearly training modules thereafter.

Again, individuals who have completed VIRTUS training after 2022 already have the latest training, so there is nothing for them to do for 2024. For those of us that completed training before 2022, we can update our training by logging into our online VIRTUS accounts ([www.virtusonline.org](http://www.virtusonline.org)) and clicking on the link under our Training Module block and completing the new training. Another way to update your VIRTUS training includes an in-person option at your parish or school. A third option for completing training involves receiving and reading the training module in printed material form and signing an acknowledgement form.

The Diocesan Office of Safe Environment and the Bishop have also asked volunteers and staff to begin reading monthly VIRTUS bulletins. You might have noticed that this block also now shows as needing attention on your VIRTUS home screen when you log in. You can read the monthly bulletin from your logged in account. You may also pick up or read a printout of the monthly bulletin at a designated location in the parish or school, as indicated by parish staff. Your parish or school might include the monthly safety bulletin once a month in the parish bulletin that is regularly distributed at Mass. The purpose of these monthly safety bulletins is just another way to raise awareness and keep current with the latest information about keeping our children, teens, and vulnerable adults safe. The information presented in these bulletins is truly excellent knowledge for everyone.

Visit [www.virtusonline.org/virtus](http://www.virtusonline.org/virtus)

As always, if you have questions regarding this latest update or need assistance logging into your VIRTUS account, **please contact Kim Hickman**. We have been asked by the Bishop to have our VIRTUS accounts updated to Version 4.0 no later than 6 January 2025. After that date, a yearly module will be required for all employees and volunteers based on the date you completed VIRTUS Version 4.0.

## FAITH FORMATION



## *Faith Formation 2024-2025*

*Theme – “Lord, When Did We See You Hungry”  
Matthew 25:37b*

~Thank You to Our Catechists~

**Faith Formation:** Janice Barber, Sherry Ciccolini, Donella Crigger, Mary Malamisura, Carey Ott, Babette Pascasio, Ashley Rebuck, Debbie Rebuck, Laura Rogers, Courtney West, and Stacey Wright.

**Youth Ministry:** Wendi Aiello, Katie Kidd, Kim Matzel-Brown, Karen Kidd, Jimmie McCoy, Marilyn McCoy, and Delores Shumate.

**OCIA:** Julia Harrison, Barbara Musolin, and Mike Starre.

**Adult Book Study:** Deborah Garton ~ Thursdays from 4-6 in the lounge.

### **The schedule for September through January 2024:**

September 22, 29 ~ Regular Sessions

October 6, 13, 20, and 27 ~ Regular Sessions

October 26 ~ Fall Festival at 7 pm

November 3 ~ **No** Faith Formation – Church Centennial Celebration

November 10 ~ Regular Session

November 17 ~ **VIRTUS Lesson** first part of class. **All teachers please be present.**

November 24 ~ Regular Session

December 1 ~ **NO** Faith Formation for Thanksgiving Holiday

December 8 ~ Regular Session

December 15 and 22 ~ Practice for Christmas Eve Children’s Mass in the Church

December 24 ~ Children to participate at 4pm Christmas Eve Mass

December 29 ~ **NO** Faith Formation for Holiday

January 5, 12 ~ **NO** Faith Formation for Holiday

January 19, 26 ~ Faith Formation Regular Sessions

## OCIA

### **Formerly known as RCIA**

*Walking the path as a Catholic is a lifelong journey. The Order of Christian Initiation of Adults is a process that begins with an Inquiry Session which will be scheduled in the fall. The process is designed for adults who are coming to the Catholic faith from another tradition, have been baptized in the Catholic faith,*

*but have not received any other Sacraments, or have not been baptized in any particular faith tradition. The OCIA process allows you to journey through the full liturgical year and the timeline can vary from person to person as to the readiness of reception of the Sacraments of Initiation ~ Baptism, Confirmation, and Eucharist.*

*To learn more, please contact Barbara Musolin at 304-922-1934 or Julia at the parish office.*

## CENTENNIAL CHOIR

*The Centennial Choir has begun rehearsals. The next one is Thursday, September 26 at 6pm. Anyone wishing to join, please come to the rehearsal in the church building.*



**2nd Collection: Catholic Extension**

September 21-22



On Saturday, September 21 & Sunday September 22, there will be a second collection for Catholic Extension, which is an organization that supports poor faith communities and keeps the presence of the Catholic Church strong in our country. Last year Sacred Heart Bluefield and Sacred Heart Princeton joined forces and raised \$4,000. This donation allowed each parish to “adopt” a parish who was in desperate need of financial help. Your donations will help feed children, provide education, and help repair one-room church buildings and more! We are so blessed at Sacred Heart. Please share our blessings and give generously to the Catholic Extension.



**There will be a  
Blessing of the Animals  
by Fr. Sebastian on the  
Church Parking Lot on  
October 6 at 1pm  
in honor of the Feast of  
St. Francis of Assisi.**



**Church Directory**

To go along with our Centennial Celebration this year we will be compiling a new church directory.

We need a family picture submitted digitally, if you already have one. It can be a picture taken with you cell phone.

We will not have picture packages or sales team involved.

Email  
shcc\_bluefieldmedia@yahoo.com  
to submit a digital picture

**If you need a picture taken, please call the church office or email the above address. We need a list so we can plan picture times.**

If you are unsure how to turn your hard copy pictures digital, you can either email the above address or call the church office



*Threads of Love*

We are in need of your help. If you are having or know of anyone having surgery or of anyone needing a prayer shawl or blanket, please let us know. These special gifts are handmade, blessed, and give comfort and joy to those that receive them and we don't want to forget anyone. Please call Angie Genovesi at 276-970-0893, Barbara Lynch at 304-228-2082, or the Parish Office at 304-327-5623 to inform us of anyone in need Thank you and God Bless..

*Honoring Our Loved Ones*

The centennial committee is offering spaces in the new church directory to honor or memorialize a person or persons. The cost is fifteen dollars a space. There will be representatives at the back of the church after each mass if you are interested.

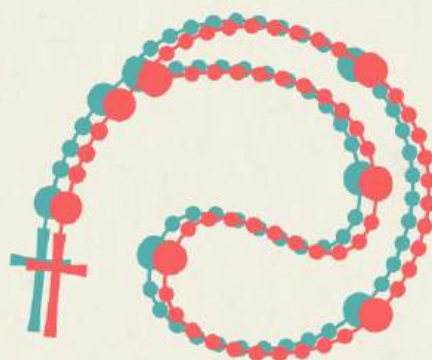


# VIRGINIA CREEPER TRAIL ROSARY RIDE



## BEAUTIFUL DOWNHILL BIKE RIDE

**We will depart from Bluefield following the 9 am Holy Mass. Students' costs are covered. Cost per adult is \$40.**



**September 22nd  
Please Join Us!**

**RSVP to Lorin at 540.529.6495**

Tickets are Limited, RSVP today!  
540-529-6495

**ZACH WILLIAMS**  
**RENEWAL NIGHTS**

**WITH ZACH WILLIAMS**

**GAIN**

**MATT MAHER**

**AND BEN FULLER**

**OCT 5**

**CHARLESTON, WV**  
**CHARLESTON COLISEUM**

Youth Ministry Student tickets provided. Adult tickets are \$40. All are welcome! We will leave Princeton at 3 pm.

September Ministry Schedule							
Mass Date & Time	Sacristan	Rosary Leader	Altar Servers	Lectors	Eucharistic Ministers	Hospitality	Collection Counters
Sat. 9/21 6:00 pm	T. Lowery	M. Zalduondo	Purita Buenafe	TBA	1.T. Hager 2.L. Mariotti 3.F. Moran	The Pascasio's	Delores Shumate Marilyn McCoy
Sun. 9/22 9:00 am	M. Malamisura	L. Ajulo	H. Wills	A. Rebuck	1.TBA 2.S. Copolo 3.K. Kidd	R. Albert	
			K. Wills	M. Rebuck			
Sat. 9/28 6:00 pm	P. Peretti	P. Buenafe	A. Peretti	Feleesha Moran	1.T. Behrmann 2.P. Peretti 3.D. Garton	J. Monaco	Wendi Aiello George Aiello
			E. Peretti				
Sun. 9/29 9:00 am	M.Malamisura	B. Musolin	R. Aiello	TBA	1.W. Aiello 2.G. Aiello 3.A. Robinson	B. Buzzo	
			C. Tran	R. Ciccolini			

## VOLUNTEERS NEEDED

**We Need Help with Mass on Saturdays & Sundays**

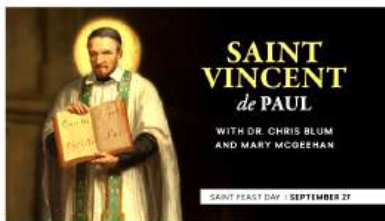
**Consider Volunteering once a month or more often!**

**You can volunteer for the following:**  
Lectors, Rosary, Extraordinary Minsters, Sacristan

**All Skill levels, any amount of time!**

**For More Information :**

(304) 327-5623    [ibrinegar@sacredheartblfd.org](mailto:ibrinegar@sacredheartblfd.org)



## FORMED®

THE CATHOLIC FAITH. ON DEMAND.

St. Vincent de Paul | Catholic Saints Join Dr. Christopher Blum and Mary McGeehan as they share about the life of St. Vincent de Paul on this episode of Catholic Saints.

<https://watch.formed.org/videos/st-vincent-de-paul-catholic-saints>

## IHM Church & Father Patrick O'Connor

### Italian Holy Year Italy Pilgrimage

The Italy Pilgrimage Trip that was scheduled to take place June of 2025 is being reevaluated due to scheduling conflicts. It may be rescheduled to be in the Fall of 2025.

More information to come soon.





## Sacred Heart Prayer List

**Parishioners:** Linda Angelelli, Stephanie Blevins, George Bowling, Mary Bruch, Patricia Cande, Loretta Carrigan, Ron Ciccolini, Carl Cook, Benny Disibbio, Angie Genovesi, Valerie Hager, Daniel Kirk, Claire & Terry Lampert, Tommie Jo Longworth, Mary Malamisura, Cindy McGraw, Aalannah McPeak, Feleesha Moran & Family, Claude Morgan, Sharon Rothausen, Carolina Ferrare

**Homebound Parishioners:** Linda Angelelli, Richard Canterbury, Alex Ercoline, Joanne Ercoline, Lou Ercoline, Mary Claire Keenan, Sue Mazol, Joan Monaco, Ernesto Pascasio, Barbara Pickett, Rosalie Rochetti, Mitzi Romeo, Miriam Salaita, Anna H. Switch, Joan Zingale

**Friends & Family:** Donald Bowles, Shelby Bowles, Teddy Bradshaw, Patrick Clark, Chuck Comer, Carolyn Crigger, Christina Easton, Fr. Chapin Engler, Jason Fortney, Beth George, Steve Hamm, Larry Hicks, Yael Issacs, Sandy Kegley, Sherry Khatib, Stan Lawson, Bill Lester, Bob Mahood, Connor McKenzie, Ken Mulkey, Laura Lee Null, Dr. Amanda Hale Reese, Leanna Smith, Larry Sarever, Abby Taylor, Judy Tolbert, Cathleen Underwood, Debby VanBlaricom, Steve Vaught, Alma Wheeler

If there is anyone you would like to add to our prayer list, please call the parish office at 304-327-5623 or you may email Lucy at [lbrinegar@sacredheartblfd.org](mailto:lbrinegar@sacredheartblfd.org)

Weekly Donations	Weekend Sept 14-15	YTD Actual	YTD Budget
Envelopes	12,666.00	198,223.20	167,400.00
Maintenance	200.00	3,045.00	3,600.00
Loose Offertory	165.00	16,315.20	17,200.00
<b>Total Contributions</b>	<b>\$13,031.00</b>	<b>\$ 217,583.40</b>	<b>\$ 188,200.00</b>
<b>Attendance:</b>	<b>6pm: 43</b>	<b>9am: 105</b>	

**EXTRA HELP NEEDED!!**

Looking for a few extra people to help take pictures of parish events



**You don't need a fancy camera, your cell phone will do**

If you are willing to help out; call the church office or email [shcc\\_bluefieldmedia@yahoo.com](mailto:shcc_bluefieldmedia@yahoo.com)


*Sacred Heart Catholic Church Building Renovation*

### History Book Church Building Pictures

**We are looking for pictures of:**  
**Weddings**  
**First Communion**  
**Confirmation**  
**Baptism**  
**Any event that was in the Church**

Email  
[shcc\\_bluefieldmedia@yahoo.com](mailto:shcc_bluefieldmedia@yahoo.com)  
to submit a digital picture or any memories you would like to share

**If you are unsure how to turn your hard copy pictures digital, you can either email the above address or call the church office**





**CATHOLIC SHARING APPEAL**

We have raised \$34,936 for the Catholic Sharing Appeal. Which has surpassed our goal of \$24,620!

Thank you everyone for your generous donations. Please continue to donate if you can!

**IN CASE OF AN EMERGENCY AND A PRIEST IS NEEDED, PLEASE CALL:**

Parish Office (304) 327-5623

Princeton Office (304) 425-3664

**In case of serious or life-threatening sickness or the actively dying:** {Please consider, with Fr. Sebastian out of town, it will take longer to contact a priest. Please call the church office as soon as you can} The church should be contacted as soon as possible. People deserve the opportunity to confess their sins, profess their faith, be anointed, and receive Holy Communion – the foretaste and pledge of eternal life. PLEASE don't wait until after the person is unconscious or so sedated that he or she cannot communicate. It is imperative with current situations, that there be enough time for Fr. to go through the appropriate protocol to visit the actively dying.

**In case of illness:** Please call the parish office to let us know if you, a family member, or a parishioner is sick. We can place your name on the prayer list. If requested, Fr Sebastian will arrange for distributing Holy Communion in the home.

**Nursing homes & Hospitals:** are not permitted to contact the church. If someone you know is in the hospital, please call the church office.

# Dear Padre,

## *What is spiritual direction? How does it differ from counseling?*

In spiritual direction, a person is guided in a process of reflection, self-discovery, and recognition of God's presence in human experience; the primary focus is on one's relationship with God. Thus, in one sense, it is the Lord himself who is the "director" in all spiritual direction. In counseling, a person is also guided in a process of reflection and self-discovery; but the primary focus is on human growth and development. Counseling does not presuppose a person's faith or relationship with God; spiritual direction cannot be complete without it. Both spiritual direction and counseling share the same expectations of openness and honesty in the process; they share the same standards of confidentiality and professional conduct. Moreover, spiritual direction is similar to counseling in its aim toward human growth and development, but it further aims toward holiness and "toward ever more intimate union with Christ" (*Catechism of the Catholic Church*, 2014). That union is twofold: a personal relationship with Christ and with Christ's Church. "This union is called 'mystical' because it participates in the mystery of Christ through the sacraments" (CCC 2014). "All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of charity. All are called to holiness: 'Be perfect, as your heavenly Father is perfect'" (CCC 2013). ●



**Fr. Byron Miller, CSSR / DearPadre.org**



## **A WORD FROM POPE FRANCIS**

***Greatness and success in God's eyes are measured differently: they are measured by service. Not on what someone has, but on what someone gives. Do you want to be first? Serve.... [Service] has a precise and concrete meaning in the Gospel. To serve is not a courteous expression: it means to act like Jesus.***

**ANGELUS, ROME, SEPTEMBER 19, 2021**

### **Monday**

September 23  
*St. Pius of Pietrelcina, Priest*  
Prv 3:27–34  
Lk 8:16–18

### **Tuesday**

September 24  
*Weekday*  
Prv 21:1–6, 10–13  
Lk 8:19–21

### **Wednesday**

September 25  
*Weekday*  
Prv 30:5–9  
Lk 9:1–6

### **Thursday**

September 26  
*Weekday*  
Eccl 1:2–11  
Lk 9:7–9

### **Friday**

September 27  
*St. Vincent de Paul, Priest*  
Eccl 3:1–11  
Lk 9:18–22

### **Saturday**

September 28  
*Weekday*  
Eccl 11:9–12:8  
Lk 9:43b–45

### **Sunday**

September 29  
*Twenty-sixth Sunday  
in Ordinary Time*  
Nm 11:25–29  
Jas 5:1–6  
Mk 9:38–43, 45, 47–48